College of Public Health & Health Professions: Career Action Plan

The Career Action Plan serves as an outline to guide you towards career readiness. The action steps and CRC services are not an exhaustive list, but serve as a guide to connect you to resources to move through key phases.

Learn about Yourself & Career Options

Learn about yourself and gain clarity about academic/career options through Career Planning Appointments, online assessments or programs like Career Success Institute.

- **Schedule a Career Planning Appointment with your CRC Liaison Sara Gould.** This initial 30 minute career planning session can occur via phone, Skype or in person at the HPNP Building, Student Services, Suite 200. Sara’s Career Planning Hours are Mondays and Thursdays 1 PM – 4 PM and Wednesdays 3 PM – 4 PM. Schedule online through Gator CareerLink

- **Attend Career Exploration Programs** Attend Explore Lab workshops or sign up for the Career Success Institute. Our Majors and Minors Fair and Grad School 101 workshops series will connect you to people and resources for your academic plans. Attend Discovering Your Career In Healthcare Professions: Mini Conference to explore many different opportunities in the field of healthcare.

- **Explore way to get involved in the UF and Gainesville-area community,** many students gain experience outside of the classroom through research opportunities, observation, job shadowing, internships, externships, summer positions, student organization involvement and leadership, volunteer positions, and part time jobs, among other activities.

- **Complete Assessments** access a variety of assessments to learn about your personality, interests or values. CHOMP is an online exploration tool that assist with major selection and industry exploration that doesn’t require a career planning appointment.

- **Activate Your Gator CareerLink** account to schedule career planning appointments visit www.crc.ufl.edu

Develop Professionally

Evaluate the career readiness competencies you have or need to develop for interested career paths. Set short term goals to gain more knowledge and skills related to your interests.

- **Attend Career Fairs and Employer Information Sessions.** Connect with representatives from hundreds of organizations that recruit on campus each fall and spring. Consider their opportunities, culture and application process

- **Coordinate Informational Interviews** to learn more about the daily life within career paths

- **Attend Industry Connection events.** Alumni and employers participate in Pre-Showcase Workshops or Networking, attend live workshops to ask questions and network or view recorded sessions through the Resource Library of Gator CareerLink. Present and network at both local and national association conferences and meetings specific to the field of your interest.

- **Identify programs and establish relationships** to support you as you clarify your interests or need help with decision making. Schedule a career planning appointment or talk to faculty members to find programs and create professional connections.

- **Develop or refine application documents** for campus or community opportunities, professional development programs or other graduate and professional schools

- “**Like**” the Facebook page: UF PHHP Careers to stay up to date on events, learn about the latest trends and insight in the industry, and follow advice on interviewing, resume/CV writing, etc.
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**Build Experience**

Trying things can help clarify your career goals. Consider options for internships, shadowing, involvement, volunteering, research, externships, or part time work. All type of experience can help you prepare for what's next.

- **Apply for volunteer, externships, or part time employment** through the job database of Gator CareerLink, create Search Agents to automate your search
- **Learn how to explain what you gained** from your experiences in meaningful ways for future applications and employers.

**Prepare for Your Next Step**

Confidently connect with employers throughout the application process for internships, full-time work and other graduate schools. Present yourself as a strong candidate and communicate your experiences. Think about and move towards your next professional goal.

- **Sharpen interview techniques** with Mock Interviews through a career planning appointment or the Virtual Mock Interviews via Gator CareerLink
- **Understand salary negotiation**, value, and worth as it relates to positions and locations
- **Take active steps to transition** from where you are to where you want to be